

Summer 2024 Camp Details

SLEEPAWAY PACKING LIST

REMEMBER TO LABEL EVERYTHING!

Make sure your young hero comes to camp with everything listed below.

GENERAL INFORMATION:

PLEASE NOTE: CAMP MYTHIK IS A TECH-LIGHT ZONE – ONLY DIGITAL CAMERAS AND NON-VIDEO MUSIC PLAYERS ARE PERMITTED!

- We recommend packing your demigod's belongings in a soft duffle bag.
- Please pack enough clothing for the entire week - there will not be regular access to laundry.
- Please include your camper's first and last name on all belongings.
- Clothes and shoes can get muddy during our adventures. Please pack a garbage bag or several large Ziploc bags for wet or muddy clothing/shoes.

Essential Items:

- Your camp-issued sword
- Your Camp Mythik T-shirts
- 1 set of extra long twin sheets
OR a sleeping bag
- 1-2 pillows
- 1 blanket
- 2 shower towels
- 1 pair of sandals or water shoes
- 1 pair of sneakers
- Toiletries (toothbrush, toothpaste, soap, deodorant, shampoo, conditioner, hair comb or brush, shower caddy) (enough for 1 week)
- Sunscreen
- Bug spray
- 1 battery-powered flashlight
- 1 small, light backpack
- 1 laundry bag
- 1 reusable water bottle
- A book (or two or three?! We will be encouraging reading before bed!

Clothing:

- 7-10 pairs of underwear
 - 7-10 pairs of socks
 - 1 swimsuit (for boating and on-land water activities)
 - 2 pajama sets
 - 1 raincoat
 - 1-2 sweatshirts
 - 5 additional T-shirts
 - 4-5 pairs of shorts
 - 3 pairs of long pants
 - 2 long-sleeved shirts
- Please pack light layers – although the summer in NY can hit the 90s, cooler evenings and changing weather is likely.



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MEDICATION:

- If your child takes a medication (including vitamins and supplements) or carries an Epi-Pen/rescue inhaler, please document this information on your camper's Summer Registration Information Form via the Forms tab on your **Campsite Parent Dashboard**.
- All medications (with the exception of Epi-Pens and/or rescue inhalers) will be collected at drop-off on Monday morning. If your child is riding the bus to camp, their medication will be collected by a counselor upon boarding the bus; if you are dropping off your camper at the Taconic Outdoor Education Center, their medication will be collected by our Health Supervisor.
- Please store your camper's medication(s) in a Ziploc bag with their name clearly printed on the front. All medications should remain in their original container with the camper's name and dosage information clearly printed.

Extra Items:

- A piece of home (photos, notes, stuffed animals, etc.)
- Stationary
- A journal
- Extra books
- Cards or small games to play during down time
- Disposable or digital camera (no data or Wi-Fi access allowed)

Prohibited Items:

- Cell phones
- Video game devices

Prohibited Items (cont.):

- Video - or Internet-capable iPads, laptops, iPods, Apple watches
- Valuables (jewelry, cash, etc.)
- Camping knives or real weapons of any kind
- Lighters or matches
- Tobacco products, marijuana, or illegal drugs or alcohol
- Food items – all food will be provided unless otherwise arranged

We are a tech-light zone — only digital cameras and non-video music players are permitted.

ORDERING NEW SHIRTS

If you would like to purchase an additional T-shirt, you can do so via your **CampSite profile through July 29, 2024**. To order an additional T-shirt, log in to CampSite, click the Enrollment tab, and select "Purchase additional options for 2024" under your camper's name.



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